

14-15.08.2021

HELSINKI ARAT OPEN

4uServices



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空手道は一つ！ルールは一つ！目指せオリンピック！

KARATE INTO THE OLYMPICS



IN PARTNERSHIP WITH:

€600 prize money*

SEITOKAI

[.NET](http://SEITOKAI.NET)



Monitor your health and check for any symptom 14 days before the arrival



Do not share equipment, in particular water bottles and cups



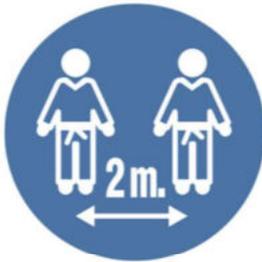
Use of masks/mouth-nose-face covering and frequent hand washing, or sanitizing is recommended



At least 9m² per athlete (and coach). Only one coach for each competitor will be allowed



If you feel ill, do not come to the venue, and notify the designated contact online or by telephone



Keep the distance!



The use of masks is compulsory for all those involved in the competition and on the FoP, except for the athletes



Officials, volunteers, and athletes involved in the weigh-in shall wear masks/mouth-nose face covering. Social distancing shall be respected



Frequent hand washing



Masks will be of compulsory use for all the medal presenters at the medals and awarding ceremonies

SEITOKAI has the great pleasure of inviting you to the
Helsinki Karate Open 2021,
the biggest Karate tournament in Finland!

26 countries have been represented in this tournament, and every year more delegations are joining!

This competition follows WKF rules with adaptations from the Finnish Karate Federation regarding some categories. Safety measures regarding COVID-19 are applied.

Kumite categories will have repechages and 1 bronze medal.

CATEGORIES

KATA:

- U10 (f,m)
- U12 (f,m)
- U14 (f,m)
- U16 (f,m)
- U18 (f,m)
- Seniors +16 (f,m)
- Veterans +35 (f,m)
- TEAM U10 (f,m, mixed)
- TEAM U12(f,m, mixed)
- TEAM U14 (f,m, mixed)
- TEAM U16 (f,m)
- TEAM U18 (f,m)
- TEAM Seniors +16 (f,m)
- TEAM Veterans +35 (f,m, mixed)

KUMITE:

- U10 "pyykkipoika" (pegs, for beginners), (f,m)
- U10 open (f,m)
- U12 open (f,m)
- U14 female, -40kg, -45kg, -50kg, +50kg
- U14 male, -45kg, -50kg, -55kg, +55kg
- U16 female, -47kg, -54kg, +54kg
- U16 male, -52kg, -57kg, -63kg, -70kg, +70kg
- U18 female, -48kg, -53kg, -59kg, +59kg, OPEN
- U18 male, -55kg, -61kg, -68kg, -76kg, +76kg, OPEN
- SENIORS female (+18), -55kg, -61kg, -68kg, +68kg, OPEN
- SENIORS male (+18), -60kg, -67kg, -75kg, -84kg, +84kg, OPEN
- VETERANS female +35 years old, OPEN
- VETERANS male +35 years old, OPEN
- TEAM U16 (f, m) (3 competitors)
- TEAM U18 (f, m) (3 competitors)
- TEAM SENIORS (f, m) +18 years old, (3 competitors)

NOTES: for beginners and competitors with less than 2 years of experience, you may register for Categories marked "B". Example: "KATA U12 B"

All competitors are allowed to register in multiple categories.

The organization will not be responsible for insuring any accident occurred during the competition or training camp.

Competitors must have their own insurance.

REFEREES

The organization welcomes all the licensed judges and referees from abroad, provided their countries allow safe travelling. COVID-testing might be required. Judges and referees will be paid in cash, the following sums:

- Nordic License - €70
- EKF License - €100, transportation to the venue
- WKF License and Chief Referee - €150, transportation to the venue

A warm meal and refreshments are offered to all referees during the event.

Trip costs, transportation and accommodation will be negotiated on a case by case scenario.

MEDICAL STAFF

The organization welcomes 4 volunteers for the first aid posts.

Medical staff will be paid in cash, the following sums:

- Doctors - €70
- Nurses - €50

A warm meal and refreshments are offered to medical staff during the event.

MEDALS AND AWARDS

Each Category will have 3 medalists (1 bronze medal).

SEITOKAI will offer €600 in prize money awards (see next page).

SEITOKAI will also offer a trophy for the *“Best Competing Team”*, awarded to the team with the most points in the end:

GOLD MEDALS = 3 points

SILVER MEDALS = 2 points

BRONZE MEDALS = 1 point

Note: this year the award will be sent by post



TATAMI – COMPETITION AREA

4 full regulation Tatami areas, 2 warm-up Tatami areas (see Covid guidelines)



THE SCHEDULE

14.8.2021 – U10, U12, U14, U16 (inc. teams)		15.8.2021 – U18, Seniors, Veterans (inc. teams)	
9:00	Registrations & Weighing (U10, U12)	9:30	Registrations & Weighing (U18)
9:30	Referee Briefing (tatami 1)	10:00	Referee Briefing (tatami 1)
10:00	U10 Kata, U12 Kata	10:30	U18 Kata
13:00	U10 Kumite, U12 Kumite	11:30	U18 Kumite
15:30	Registrations & Weighing (U14, U16)	13:00	Registrations & Weighing (Seniors, Vet.)
16:30	U14 Kata, U16 Kata	14:00	Seniors Kata, Veterans Kata
18:30	U14 Kumite, U16 Kumite	16:00	Seniors Kumite, Veterans Kumite

NOTES:

- Weight tolerance is **500g** for U12 and U14 and **1kg** for U16 and up.
- Athletes and teams are requested to come to register only in their selected times.
- There will be no coach briefing. Please contact ahead if you have any doubts.
- Medals and prizes for each category will be given immediately after the finals

600€ Prize Money!

100€ for Senior Male Kumite Open winner,
100€ for Senior Female Kumite Open winner,
100€ for Senior Male Kata winner,
100€ for Senior Female Kata winner,
50€ for U18 Male Kumite Open winner,
50€ for U18 Female Kumite Open winner,
50€ for U18 Male Kata winner,
50€ for U18 Female Kata winner.

** please note that the prize money is dependent on a minimum of 300 registrations, and a minimum of 12 competitors on the category. The expected number of registrations is 350.*

PRE-REGISTRATION, AND ALL INFO OF THE EVENT:

WWW.SPORTDATA.ORG

PRE-REGISTRATIONS UNTIL **7.8.2021:**

30€ (individual categories)

60€ (team categories)

REGISTRATIONS ON THE **DAY OF THE EVENT:**

50€ (individual categories) *cash only*

90€ (team categories) *cash only*

REGISTRATIONS

PAYMENTS UNTIL 7.8.2021
BY BANK TRANSFER:

SEITOKAI SPORTS OY
IBAN: FI7981469710177576
BIC: DABAFIHH

OR IN CASH, ON THE DAY OF
THE EVENT.

IN CASE OF BANK TRANSFER,
PLEASE BRING A PROOF OF
PAYMENT.



HELSINKI – FINLAND



Helsinki, the capital of Finland, is a vibrant seaside city of beautiful islands and great green parks.

The city's rhythm is laid back yet at the same time refreshingly active in terms of both the number and quality of restaurants and nightclubs.

The archipelago of Helsinki consists of around 330 islands, providing beautiful set-ups for days at the beach or weekend camping trips. Many of the islands, such as **Suomenlinna** and **Pihlajasaari**, can be reached by a regular ferry from early morning until late at night.

A third of Helsinki is covered in green areas. Along with a score of sports grounds, they offer great possibilities for outdoor activities and relaxation. The large **Central Park** and its forests spread out just outside the city center.

SUOMENLINNA, THE FORTRESS ISLAND

The fortress of **Suomenlinna** is a UNESCO World Heritage Site and one of Finland's most popular sights.

The beautiful islands of Suomenlinna are only a 15-minute ferry ride away from Helsinki Market Square. They offer a variety of atmospheres; whether you are looking for a cheerful weekend with friends, a tranquil evening stroll, picnic or perhaps a jog – it is all made possible by the diverse routes, locations, restaurants and cafés across the islands.



SUMMER IN HELSINKI! +15°C – +32°C AROUND 100 DAYS JUNE-AUGUST

SEASONS

SUMMER

WATCH THE VIDEO

<http://www.visitfinland.com/summer/>

In Finnish Lapland a single summer day lasts for over two months. In the southern parts of the country it is never really dark either, just a period of twilight for a few hours. This is why we call Finland the **Land of the Midnight Sun**.

THE SPORTS HALL

This year the organization heard your requests! We are moving close to the Helsinki-Vantaa airport and our venue includes a Hotel!

Venue: TRIO SPORT CENTER – **Läntinen Valkoisenlähteentie 52, 01300 Vantaa**
More info: +358 40 364 7540 ; info@seitokai.eu



TRIO SPORTS CENTER is located in Tikkurila's Sports Park, an area filled with premises for any sport lover and also including the reasonable rated Hotel Tikkurila on spot. This HQ Hotel has a limited number of 32 rooms, so be quick to make your reservations! The location is excellent, with the center of Tikkurila and all its services within walking distance, train and bus connections are good and the Helsinki-Vantaa airport is near. For those coming with own cars there is a lot of parking space. Quite close are as well the science park Heureka, the shopping center Jumbo, the entertainment center Flamingo and the Hiekkaharju golf course.

PLEASE USE THE CODE "SEITOKAI" WHEN BOOKING YOUR ROOM, FOR DISCOUNT PRICES

HQ HOTEL

Stay conveniently, cozily and at a reasonable rate at hotel Tikkurila in connection with the Sports Hall! Buffet breakfast is included in the price.

Läntinen Valkoisenlähteentie 52, 01300 Vantaa

<https://hotellitikkurila.fi/hotel-tikkurila>

hotelli@urheilupuisto.com

+35843 825 2928



An oasis providing a thousand types of atmosphere for entertainment and conference activities, close to the Tikkurila railway station and several restaurants.

Hertaksentie 2, 01300, Vantaa

<https://www.sokoshotels.fi/en/vantaa/sokos-hotel-vantaa>

hotelvantaa.vantaa@sokoshotels.fi

+358 20 1234 618



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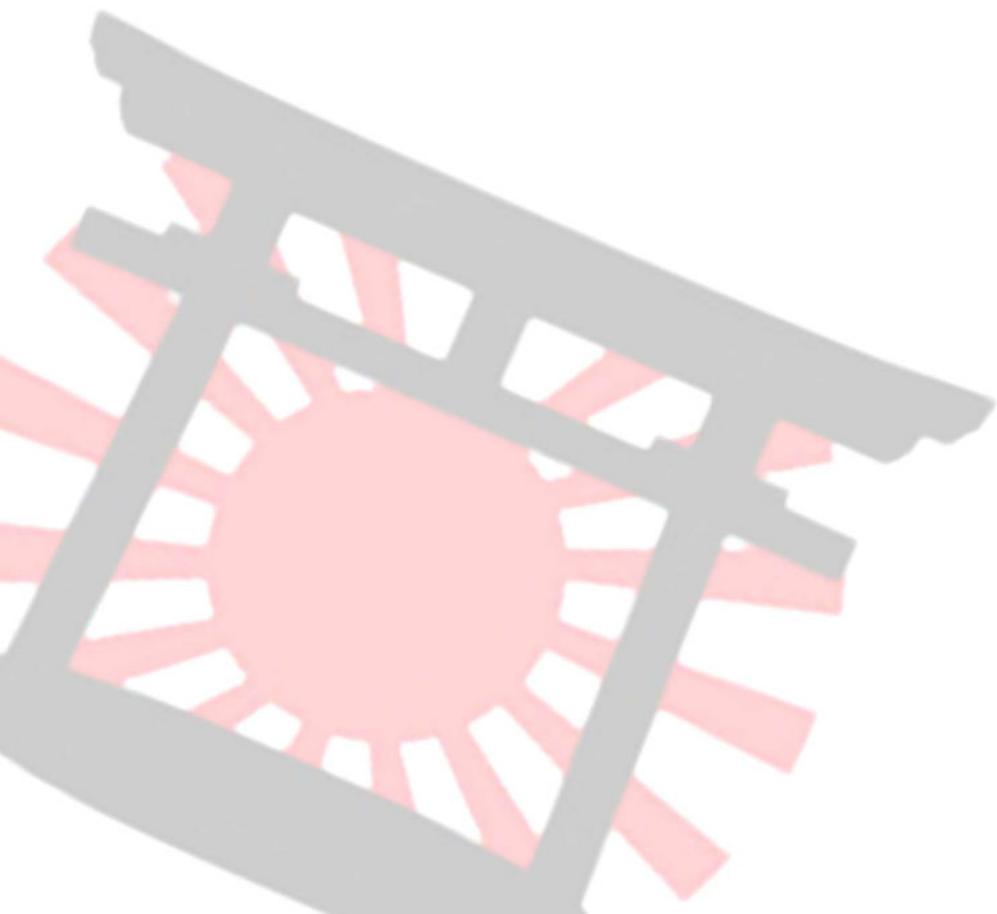
REPRESENTING **SEITOKAI**, I EXTEND TO ALL
OF YOU MY WARM WELCOME.

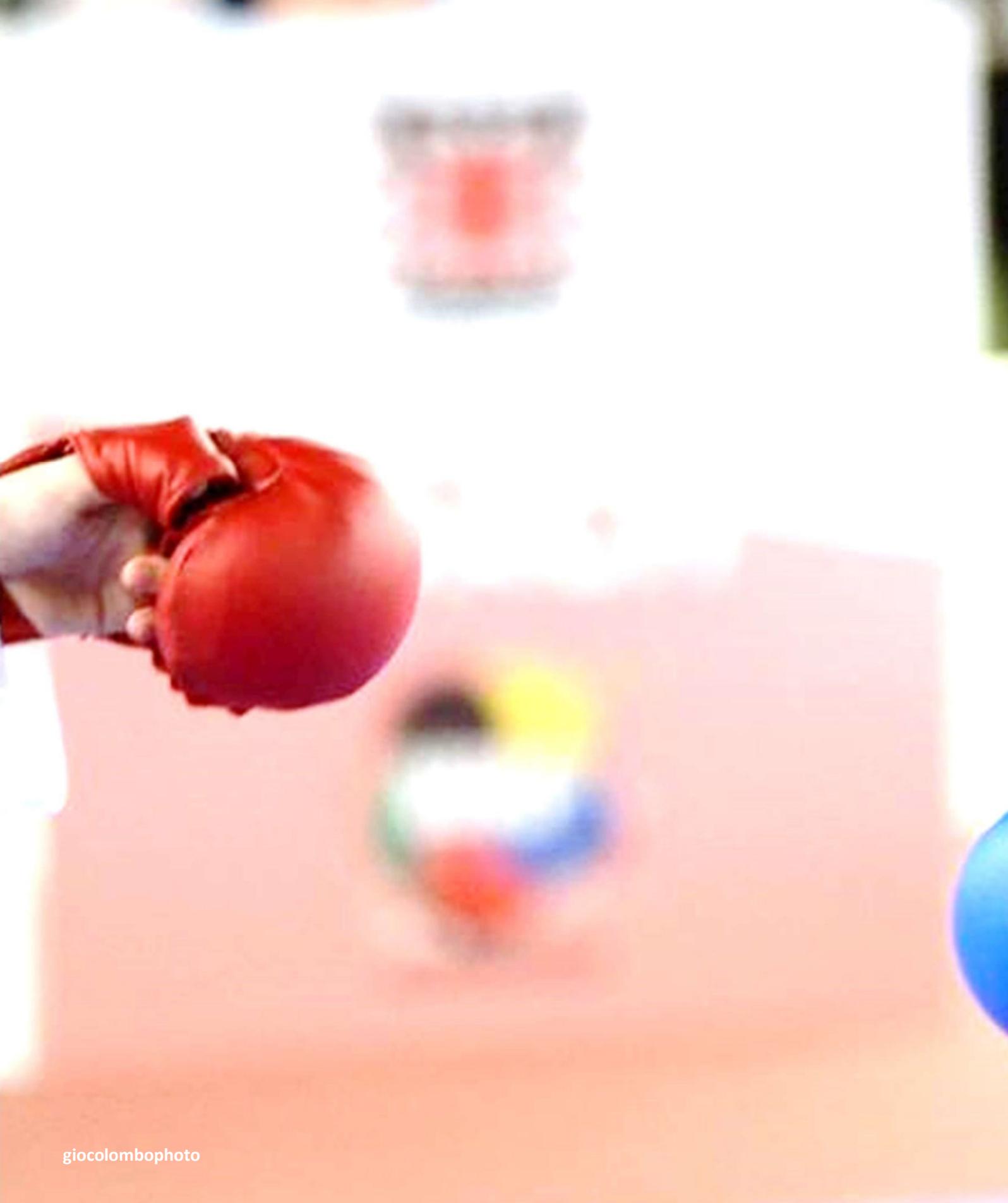
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